

HEALTH LITERACY (HL) LEVEL ASSESSMENT CHECKLIST

This form has been developed for health professionals to quickly evaluate the individual's health literacy (HL) level while providing healthcare service.

Although it is not a scale that measures the level of HL, the result of evaluating the individual with this form will help you develop an approach strategy and communication skills appropriate for the individual.

The form consists of 20 questions. Tick “Yes” or “No”. Evaluate the level of HL according to the frequency of “Yes” given to the questions:

“Yes” frequency	HL Level
5 and below	Low/Poor
6-10	Limited
11-15	Sufficient
16-20	Very sufficient

Evaluation questions		
Applicant/patient	Yes	No
1. Under 65 years old		
2. Education level at least high school graduate		
3. Not an immigrant		
4. No language barrier		
5. Economic situation is generally good		

6. S/he did not come with a relative to explain/communicate about her/his health problems.		
7. Knows healthy living skills to protect her/his health		
8. Appeals to healthcare professionals appropriately		
9. Able to follow instructions during examination.		
10. Able to repeat the information told		
11. Knows at least one medical term related to her/his illness		
12. Verbal information is enough (it is not necessary to show with pictures / writing and draw)		
13. Able to read the training and information materials (such as brochures, booklets, etc.)		
14. Uses appropriate health information resources		
15. Asks necessary questions		
16. Gives adequate answers to questions		
17. Does not self-diagnose / does not insist on examination / does not treat her/himself		
18. Does not use neighbor/friend suggestions		
19. Participates in health-related decision processes		
20. Able to make an appointment in the health system		